

THE AWE AI FAMILY

# Discover LUMI

An AI **Wellbeing Coach** for **Students & Staff**

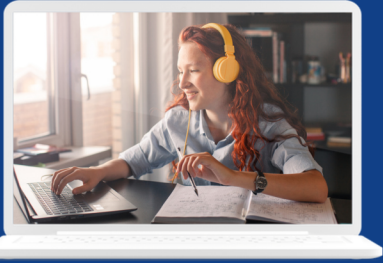


Illuminating the path to balance, healthy habits, & everyday wellbeing.

## Built for the Whole School Community

**LUMI** is a daily wellbeing companion designed for the realities of modern school life — digital overload, rising anxiety, and the quiet burnout affecting students and staff alike. Rather than another app to manage, LUMI offers a low-pressure daily touchpoint that helps your community reflect, reset, and build habits that support focus, resilience, and belonging.

“**LUMI acts as the accessible daily touchpoint, turning quiet reflection into intentional action within AWE’s broader wellness ecosystem.**”



### STUDENTS

Structured reflection, screen-time guidance, and small-step habit coaching grounded in behavioral science and positive psychology.

### FACULTY & STAFF

Burnout prevention, cognitive recovery, compassion building (not fatigue) and a private space to process the emotional load of teaching.



**LUMI**

## Aligned With How Schools Already Work

**LUMI** complements your existing SEL and wellness strategy. It supports the goals of MTSS Tier 1 universal wellbeing — freeing counselors to focus on higher-acuity cases. Students and staff use LUMI self-directedly, with no added workload. It also supports up to Tier 3 with coaching and referrals as directed.



## An Intermediate Tool, Not a Replacement for Care

**LUMI** is a supportive companion, not a clinical intervention. When a user signals distress, LUMI’s human-in-the-loop escalation connects them to your school’s trained counselors and AWE’s human-guided services. It bridges the gap between everyday reflection and professional support — it never replaces it.



## Grounded in AWE’s 8P Methodology

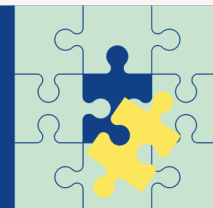
**Passion · Presence · Patience · Purpose · Playfulness · Perseverance · Peace · Positivity**

→ Translated into small, observable daily practices, not abstract ideals.

## Inclusive & Accessible by Design

Fostering a more supportive digital space

**LUMI** provides spoken responses in a variety of languages, alongside thoughtful pacing that accommodates the unique rhythms of neurodivergent users.



## See **LUMI** in Action

Schedule a demo or pilot with our education team → [awewellness.org/lumi](http://awewellness.org/lumi)